



What's on
the menu?

Westgate 
HEALTHCARE

Sample menu

The role that food plays in our residents' lives is not just about health and wellness. The dishes we serve create important moments in the day. Here is a sample menu with some of the tasty dishes on offer:

breakfast

A variety of cereals and porridge, toast, breads and preserves
Cooked breakfast including sausage, bacon, eggs, beans and tomato

lunch

Chicken casserole with mashed potatoes and vegetables
Battered haddock and chips with mushy peas
Pineapple sponge cake with custard, rice pudding or spotted dick

dinner

Homemade soup
Pork pie with a mixed green salad
A selection of sandwiches
Vanilla sponge cake

snacks (available mid-morning and afternoon):

Homemade cakes and biscuits
Hot and cold drinks